



HEALING DEMOCRACY

— PRESENCE. CARE. COMMUNITY. —



BUILDING COMMUNITIES OF CARE BEFORE, DURING & AFTER THE 2026 ELECTION

As the 2026 election draws near, many of us are asking ourselves how we can help ourselves and our communities stay connected, grounded, and safe leading up to November 3.

MNIPL, MARCH, and the Interfaith Movement Chaplains Network are partnering to launch Healing Democracy, a movement to organize people and communities towards groundedness in the time before, during, and after the election.

This work needs people like you, people who are connected to their communities and care about preserving our democracy. **Will you join us in this meaningful work to support our communities?**

Poll Chaplains

For five years, trained Poll Chaplains have brought calm, nonpartisan care to election spaces in Minnesota. **Poll Chaplains accompany people in and around the voting experience.** They offer a calm, compassionate presence, help lower tension, connect people with trusted resources when needed, and make space for the hope, pride, and joy that are also part of participating in democracy.



mvmentchaplains.com/poll-chaplaincy

Digital Chaplains

Digital Chaplains bring grounded, caring presence into the online spaces and relationships they already inhabit. They listen, offer support, share trustworthy resources, and help people navigate fear, uncertainty, and difficult moments with care.



mvmentchaplains.com/digital-chaplaincy

Community Care Teams

Help your community of faith, conscience, religious or spiritual practice become a place of care. **Community Care Teams equip congregations and other communities to care for their people**



and neighbors before, during, and after the election. Together, communities identify the relationships, spaces, spiritual practices, and gifts they already have and build a plan for offering grounded, compassionate care when it is needed most.

mnipl.org/community-care-team-sign-up/

Learn more at www.mvmentchaplains.org

Important Training Dates

Signing up for updates at mvmentchaplains.org is the best way to stay up-to-date on upcoming trainings and opportunities for coaching and support.

Poll Chaplains

Poll Chaplaincy requires one online training (multiple dates) and one final required in-person gathering to prepare for Election Day.

Online Trainings

Tuesday, September 22 | 7 - 8:30 pm
Tuesday, September 29 | 7 - 8:30 pm
Tuesday, October 6 | 7 - 8:30 pm
Tuesday, October 20 | 7 - 8:30 pm

Required In-Person Gathering

Tuesday, October 27 | 6 - 9 pm



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Digital Chaplains

Becoming a Digital Democracy Chaplain requires attendance at one of three online trainings and at one online gathering.

Online Trainings

Tuesday, September 15 | 7 - 8:30 pm
Tuesday, October 13 | 7 - 8:30 pm

Required Online Gathering

Monday, October 26 | 6 - 9 pm



mvmentchaplains.com/digital-chaplaincy

Community Care Teams

Individualized training for your congregation is encouraged - we are also offering online info sessions. Sign up to schedule your training or RSVP for one of our online sessions.

Online Info Sessions

Thursday, September 10 | 7 - 8 pm
Thursday, October 8 | 7 - 8 pm



mnipi.org/commmunity-care-team-sign-up/

**Thank you for supporting your
community in the upcoming election!**